

## Principal's Message

Greetings Seaside Dolphins!



Beautiful, sunny days came our way last week; let's hope we have some more. **Monday, March 2<sup>nd</sup> we will celebrate Dr. Seuss' Birthday. Wear pajamas to school**, everyone! Hopefully it will be fun, fun, fun in the hot, hot sun.



Remember, the **Book Fair** begins tomorrow, Monday Feb. 24 and extends through Monday, March 2. Stop by to see all the great things you can pick up for your kids and their cousins. The Book Fair will be open on Thursday night for Family Fun Night too. Join us!

Thank you, library volunteers and PTA for all you do!



**CANDY at SCHOOL:** Please remember that we do not allow candy or high sugar foods and beverages (such as soda) at school. These foods are against the District Wellness Policy and state law. If you enjoy high sugar products, please do so at home. Also remember that we do not share food at school. This is due to the fact that many students have food allergies. None of us would want to be responsible for causing an adverse reaction in another child.



TEF Raffle tickets are now on sale now through March 16. A large percentage of the ticket cost goes directly to the school. You can get tickets from Amy Jackson, 3rd grade teacher. We will also have some in the office for purchase. This year, you can buy 1 for \$30.00. The winning prize is a new Toyota Lexus NX300h Hybrid SUV!



**Seaside is a Voting Center:** Seaside will be open to voters from Saturday, Feb. 29 – Tuesday, March 3 in the cafeteria. We will have an employee in the cafeteria monitoring the activity during the school day on Monday and Tuesday. This way, we will be sure that the campus is free from people who have not gone through the office to enter. Students will eat lunch outside the cafeteria with noon aide supervisors.



**Seaside STEAM FAIR:** This year, students are invited to participate in the Seaside Steam Fair (Science, Technology, Engineering, Artistic perspective and Math) by completing a form and submitting it to their teacher. **Packets were emailed to families. We also have some packets available in the office if needed. Projects are due Monday, March 23** in the classroom. Seaside community viewing will be on Friday, April 3 during our Annual Family Picnic and Fun Run.

Below please find an article you might find helpful as we work together to grow healthy, responsible children. We look forward to seeing everyone tomorrow. Enjoy!

Sincerely,

Mrs. Bauer-Bean, Principal

# Seaside Splash

Role Model the Behavior You Want to See From Your Kids

**What you do is much more important than what you say.**

By

Amy Morin, LCSW

Updated on November 19, 2019

Your children and teens are always watching what you do. They see how you handle stress. They watch how you treat other people and observe how you deal with your feelings. They soak in all that information like little sponges. Even when you think your children aren't paying attention, it's essential to be a positive role model.

## Understand Social Learning Theory and Modeling

According to the Social Learning Theory, people learn by watching others. For instance, the famous Bobo doll experiment demonstrated how kids imitate adult behavior. Researchers discovered that children treated the doll the same way the adults did.

Children who watched an adult become aggressive with the inflatable doll became aggressive in their interactions as well. Meanwhile, children who watched adults treat the doll kindly imitated the kindness. But, you probably don't need a fancy science experiment to see that kids imitate their parents. You probably notice it every day.

When you're sweeping the floor, you might notice your little one pretending to sweep too. Or, you might hear your preschooler put her stuffed bear to bed the same way you tuck her in at night. Kids repeat what they hear, and they imitate what they see. For this reason, you

need to be mindful of the things you're inadvertently teaching your child.

## Beware of Accidentally Role Modeling Bad Behavior

Sometimes, you might unknowingly model a few unhealthy behaviors for your kids. Here are a few examples of ways parents teach kids bad habits.

- A mother tells the cashier at a restaurant that her 12-year-old son is only 11 so she can get a discount at the buffet. Her son learns it's OK to lie sometimes to get what you want.
- A father spends his evenings watching television, but tells his 14-year-old daughter she should read more.
- Parents tell their kids to treat everyone with respect. Yet, they often make critical comments about other people behind their backs.
- A divorced couple argues frequently about custody issues and visitation, but they expect the kids to get along with one another. A parent tells her son to stop putting his fingers in his mouth; but when she's nervous, she bites her fingernails.
- A mother tells her daughter to be kind to others, but she yells at the store clerk when the store refuses to take back an item she tries to return.
- A father tells his kids that they should eat healthily, but he sneaks dessert after they go to bed. Parents tell their kids to share and be generous with what they have, yet they never make donations or get involved in any sort of charity or volunteer work.
- A father smokes cigarettes. While he has a cigarette in his hand, he tells his kids that smoking is unhealthy and that they should never pick up the habit. Parents tell their kids to take responsibility for their behavior and their choices. Yet, when they forget about their child's dentist appointment, they argue with the receptionist and tell her she clearly made a scheduling error.



# Seaside Splash

## Follow Your Own Rules

It's really hard to model appropriate behavior for your kids all the time, and no one is expecting you to be perfect. But, you should strive to model the rules you want your kids to follow.

For instance, if you don't want your kids juuling, it's probably not a good idea for you to continue using e-cigarettes. Likewise, if you want your kids to be truthful, you should strive to be honest. For example, if you tell "little white lies" rather than being truthful, your kids will learn that lying is acceptable.

Show your kids how to follow your household rules by modeling them every chance you get. Likewise, use discipline that teaches life skills; and explain how these rules will help them later in life. If you show kids that you honor the rules, it will increase the effectiveness of your discipline strategies.

Of course, there may be instances where you need to explain any decisions that might be confusing. For instance, if your friend bakes you a cake, and you think it tastes horrible, you still might tell her it was delicious to spare her feelings. When something like that happens, you'll want to explain to your children that you didn't want to hurt your friend's feelings.

## Strive to Model Life Skills

You also have opportunities every day to live a life worth emulating. Think about what you want your kids to learn from you and try to model that in your life. Naturally, there will be times when you make mistakes or don't do things exactly as you had planned. But, that is OK.

When that happens, take the opportunity to talk to your kids about where you slipped up and how you hope to be different next time. Kids learn important lessons from you even when you make mistakes. For

instance, if you handle poor decisions with grace and don't beat yourself up, they'll also learn to be kind to themselves when they screw up. Here are some examples of other things you can model for your kids.

Use these ideas to become a good role model, or come up with ideas of your own.

## Live a Healthy Life

When you eat healthily and exercise on a regular basis, you're setting a good example for your kids. Plus, if you are fixing healthy meals and limiting fast food, you are helping your kids avoid childhood obesity. Of course, try not to be overbearing or restrictive in your efforts to set a good example. Being controlling about food or obsessing about how your body (or your child's body) looks, could lead to body image issues and eat disorders.

## Show Respect and Teach Empathy

Every parent wants to raise kids who are kind to others. This goal becomes a reality when you model respect and empathy in your own life. Be respectful to everyone you interact with and soon your kids will be doing the same. Whether it's the cashier in the grocery or the waitress in your favorite restaurant, smile, say please and thank you, and before long your kids will be doing that too. Allow your kids to see you being compassionate and empathetic to others too. Use situations that occur around you to talk about how others might be feeling. Teaching kids to be empathetic is one of the best ways to prevent them from bullying others.

## Tackle Technology Issues

If you are like most parents, you worry about the amount of screen time your kids are getting each day. Whether it is the time younger children spend watching shows and playing online games, or it is the time





# Seaside Splash

teens spend on social media, every parent worries that their kids are in front of a screen too frequently. But before you can say anything to your kids, take a look at the amount of time you're spending in front of a screen. Even if you're working, answering emails, and doing things you consider productive, you are still setting an example for your kids. Address your technology use first, and then attempt to set some standards for the kids.

## Work Hard

Developing a solid work ethic is a life skill every kid needs. Whether it is working hard in school, at a part-time job, or on a sports team, kids need to have a good work ethic. The best way to instill this skill is to first model it at home. Whether you go to work every day or you work from home, allow your kids to see you working. Even doing chores together as a family is a great way to instill a solid work ethic in your kids.

## Volunteer in the Community

When you volunteer in the community, you're showing your kids that you care about the world they live in. And, they learn to care too. Whether you volunteer in the schools, participate in a community clean-up project, or donate food and supplies to the local food pantry, you're showing your kids what goes on outside of your home is important—that giving back is essential to making the world a better place. You also can get your kids involved in volunteering. When they regularly help others, even if it is in a small way, they will learn to appreciate what they have.

## Demonstrate Social and Emotional Skills


Pay attention to emotional and social skills too. Show your children how to greet someone and how to ask questions when they are confused. Instruct them on how to meet new friends and invite others to join in. Demonstrate how to manage emotions, like frustration or sadness. Talk about your feelings when you are upset, angry, or sad, and encourage them to do the same.

## Teach New Skills

When you want to teach your children something new, whether it's how to make their bed or how to tie their shoes, show them how you do it. Then, let them practice it on their own. Showing, rather than telling, can be the best way for kids to learn a variety of new skills.

## A Word From Verywell

Your primary job as a parent is to help mold your kids into kind, respectful, honest, and caring people. And, sometimes the easiest way to do that is to be a good role model. This may mean taking a closer look at your own habits and making some changes. But, if you do, both you and your kids will benefit.





# Seaside Cleared Volunteer List as of 02/06/20

• Aaronson, Tove	• Calzadilla, Christina	• Deierling, Lisa	• Grace, Stephanie	• Kealoha-Ramirez, Carleen	• Mericle, Catherine	• Phillips, Rebecca	• Spitz, John
• Albillo, Bonnie	• Cambay, Eliza	• Dixon, Tracy	• Green, Cari	• Kear, Gentry	• Metz, Carrie	• Powers, Christina	• Spitz, Shoko
• Albillo, Osmar	• Caraballo, Francelia	• Dominguez, Heidi	• Guerreiro, Deanna	• Kear, Sana	• Metz, Scott	• Ravetto, Juliana	• Stone, Nichole
• Amaya, Katherine	• Cayetano, Carlo	• Dorreen, Cherie	• Haenel, Dara	• Kear, Suzanne	• Meyer, Charleen	• Reeder, Stephanie	• Suenaga, Christina
• Amin, Sara	• Chen, Tai Chou	• Eddings, Shannon	• Hansen, Chad	• Kenny, Presilla	• Michaelson, Erica	• Reikes, Joshua	• Takahashi, Naomi
• Athiyar Veedu, Sangeetha	• Chen, Yinchun	• Edgecumbe, Rebecca	• Hansen, Robyn	• Kim, Lily	• Miller, Stacey	• Reyes, Jacqueline	• Taloza, Karen
• Atkinson, Amy	• Cheung, Hiuching	• Elizalde, Gina	• Hart, Fiona	• Kim, Michelle	• Mitchell, Heather	• Rhodes, Kristen	• Tarnay, Madeleine
• Atkinson, Samantha	• Cheung, Temmy	• Elliott, Kimber	• Heck, Ivy	• Kisiler, Jennifer	• Mitchell, Larry	• Rice, Catherine	• Terzian, Sabrina
• Awad, Heba	• Cho, Samson	• England, Angelyn	• Heck, Peter	• Kneller, Joni	• Mohammed-Stein, Trisha	• Ricevuto, Amy	• Trechter, Heather
• Balazs, Christine	• Choi, Mina	• England, Mark	• Hoff, Julianne	• Kwak, Vicky	• Momi, Shannon	• Rudolph, Diane	• Trippett, Denise
• Balazs, Christine	• Chong, Helen	• Esters, Michelle	• Holmes, Sheri	• Lamb, Courtney	• Morgan, Samantha	• Ryley, Jocasta	• Trosman, Stella
• Bardai, Genevieve	• Chu, Edward	• Esters, Remington	• Hsu, Kristina	• Leach, Kristen	• Murphy, Melinda	• Sanchez, Venesa	• Uchida, Aki
• Bardai, Zaher	• Chui, Angel	• Felobous, Sylvia	• Hsu, Sabrina	• Lee, Charlene	• Nelson, Michele	• Santos, Sandy	• Uchida, Tomoyuki
• Batchko, Kimberly	• Clark, Jann	• Fleming, Nan	• Hu, Chih-Yu	• Lee, Eun	• Nelson, Vaneska	• Schmidt, Leighann	• Valdez, Rosa
• Bathauer, Lia	• Clissold, Brent	• Flores, David	• Hu, Jiang	• Lee, Jeonghwa	• Nicholls, Michael	• Schuffman, Leigh	• Vandevort, Summer
• Bernius, Regina	• Coleman, Julie	• Flores, Desiree	• Hurley-Jones, Jessica	• Lee, Soo	• Nicholls, Michelle	• Scruggs, Stephanie	• Vidal, Jeannie
• Bjornlie, Ramona	• Cook, Amanda	• Forney, Jacqueline	• Hurtado, Brian	• Len, Laurie	• Nickerson, Melissa	• Sehgal, Catherine	• Weir, Nancy
• Bohan-Tarnay, Ann	• Cooper, Janice	• Foster, Suzanne	• Ito, Mai	• Lennertz, James	• Nye, Carrie	• Serrano, Victor	• Wightman, Ann-Marie
• Bolsajian, Betty	• Cowan, Natalie	• Francisco, Shae	• Iwai, Misaki	• Lennertz, Josephine	• Okawa, Kelly	• Serrano, Zohra	• Wightman, Erick
• Bornstein, Kirsten	• Cua, Angeline	• Frierson, Christopher	• Iyer, Jyotsna	• Lizarraga, Gabriela	• Olson, Chrissy	• Shaw, Bonnie	• Wolfinger, Adam
• Bowman, Lauren	• Cutri, Victoria	• Gallana, Heather	• Jefferis, Melissa	• Lu, Chun	• Orbita, Daniela	• Simkins, Jenn	• Wood, Beth
• Bresnahan, Tanya	• D'Arcy, Teri	• Garcia, Cheryl	• Journo, Rosalee	• Manganilla, Tisha	• Ormond, Kristy	• Singh, Garima	• Yang, Sally
• Bressi, Pat	• Da Costa, Cayce	• Garcia, Paola	• Kaemmerer, Katrina	• Mattucci, Maria Celeste	• Overbeck, Hillary	• Singh, Monika	• Yaung, Julie
• Brown, Nichele	• De Oliveira, Andrea	• Gebre, Sofia	• Kaemmerer, Veva	• McCullough, Lindsay	• Palacios, Cynthia	• Smith, Amanda	• Yee-Merten, Pamela
• Burnett, Laura	• De Young, Flor	• Gentry, Natasha	• Kalayjian, Tanya	• McKelvy, Kathleen	• Peddy, Kelly	• Smith, Andrea	• Young, Gretl
• Caldwell, Carole	• Degner, Tammy	• Gerber, Amanda	• Kanamaru, Yuri	• Mendonsa, Tim	• Phillips, Jennifer	• Sona, Sandeep	• Zuo, Yueqing

# Nutrition Services March Newsletter



## Don't Just Eat Green, Eat the Rainbow

Although we often associate eating healthy to loading our plates with green vegetables, incorporating a different variety of colored fruits and vegetables can further benefit our overall health. Different colored plants are indicative of different nutrients found in them.

**Red:** Lycopene and ellagic acid found in red fruits and vegetables have cancer-fighting effects.

**Orange and Yellow:** Rich in vitamins A and C and carotenoids, they benefit the immune system, skin health, eye health.

**Deep Purples and Blues:** Rich in antioxidants that can help with reducing inflammation, and have anti-cancer properties

**Green:** B vitamins, vitamin K, leutin and isoflavones found in green foods, help with bone health and detoxification.



Interactive menus available:  
[tusd.nutrislice.com/menu](https://tusd.nutrislice.com/menu)



Smoothies are a great way to include fruits and vegetables!

### Rainbow Smoothie

- 1/2 cup Frozen Pineapple
- 1/2 cup Frozen Strawberries or Raspberries
- 1/2 cup Fresh Baby Spinach
- 1/2 Cup Matchstick Carrots
- 1/2 Cup Frozen Blueberries or Blackberries
- 1 Banana
- 1 Cup Water



Did you know that TUSD offers ALL the elements of a healthy diet to keep your kids strong & healthy?



Please visit  
[tusd.nutrislice.com/menu](http://tusd.nutrislice.com/menu)  
to access school menus.

- Select your school
- View interactive menus
- Download & print menus
- Food allergen & nutrition information provided
- Translation options
- Nutrislice app available on Google Play or App Store
- Ask Alexa "Whats for lunch"



TORRANCE UNIFIED SCHOOL DISTRICT ELEMENTARY LUNCH MENU				
<div> <div> <p>Prepay online at <a href="http://family.titank12.com">family.titank12.com</a></p> </div> <div> <p>Daily Milk &amp; Juice Choices</p> </div> </div>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
NATIONAL SCHOOL BREAKFAST WEEK 2ND - 6TH - Come Join Us for Breakfast!!! (at Participating Schools)				
<b>Mini Corn Dogs</b> BBQ Baked Beans  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Crunchy Chicken Tacos</b> with Salsa, Lettuce and Cheese Refried Beans  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Beef Rib B Que Sandwich</b> Diced Peaches Chocolate Chip Cookie  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Popcorn Chicken</b> Mashed Potatoes Biscuit  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Domino's Smart Slice Cheese Pizza (School Approved)</b> Sidekicks 100% Frozen Juice  <i>Fresh Fruit &amp; Veggie Station</i>
9	10	11	12	13
<b>Mac &amp; Cheese</b> <b>Garlic breadstick</b> Fresh Apple Slices  <i>Fresh Fruit &amp; Veggie Station</i>	<b>All Natural Beef Hotdog</b> BBQ Baked Beans Star Cookie  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Maple Mini Waffles</b> Lean Beef Sausage Mixed Fruit  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Tyson Crispy Chicken Tenders</b> Emoji Fries Roll  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Papa John's Cheese Pizza (School Approved)</b> Applesauce Cup  <i>Fresh Fruit &amp; Veggie Station</i>
16	17	18	19	20
	<b>ST. PATRICK'S DAY</b> <b>Crunchy Turkey Tacos</b> with Salsa, Lettuce and Cheese Pinto Beans Shamrock Cookie  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Cheeseburger or Hamburger</b> Oven Baked Seasoned Fries  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Orange Chicken</b> Brown Rice Fortune Cookie  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Domino's Smart Slice Cheese Pizza</b> Sidekicks 100% Frozen Juice  <i>Fresh Fruit &amp; Veggie Station</i>
23	24	25	26	27
<b>Italian Cheesy Garlic Bread</b> with Marinara Sauce Fresh Apple Slices  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Crispy Chicken Sandwich</b> Emoji Fries  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Cinnamon French Toast</b> Lean Beef Sausage Mixed Fruit  <i>Fresh Fruit &amp; Veggie Station</i>	<b>NATIONAL SPINACH DAY!</b> <b>Breaded Chicken Drummies</b> Mashed Potatoes Roll Crispy Treat  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Papa John's Cheese Pizza</b> Applesauce Cup  <i>Fresh Fruit &amp; Veggie Station</i>
30	31	Alternative Menu Choices:		
<b>Mini Corn Dogs</b> BBQ Baked Beans  <i>Fresh Fruit &amp; Veggie Station</i>	<b>Crunchy Chicken Tacos</b> with Salsa, Lettuce and Cheese Refried Beans  <i>Fresh Fruit &amp; Veggie Station</i>	1. PB&J Sandwich 2. Cup of Yogurt 3. Grilled Cheese 4. Entrée Salad (Mon-Thur)		<b>Lunch Pricing:</b>  Paid \$3.50 Reduced \$0.40 Milk \$0.50  **Menu Subject to Change





# March 2020



We already know that fruits and vegetables are healthy for our body. Eating a variety of different color fruits and vegetables can boost your body's defense against illnesses and diseases.

## Red

Improve Heart  
and Blood  
Health

## Orange

Prevents  
Cancers

## Yellow

Helps Skin  
Health and  
Immune  
System

## Green

Improves Bone  
Health and  
Detox

## Purple

Improves  
Mineral  
Absorption  
and Brain  
Function

## White

Helps Fight  
Cancer Cells



## Eat A Rainbow!

Can you list a Fruit or  
Vegetable For Each Color  
Of The Rainbow?

Red: \_\_\_\_\_

Orange: \_\_\_\_\_

Yellow: \_\_\_\_\_

Green: \_\_\_\_\_

Blue: \_\_\_\_\_

Purple: \_\_\_\_\_



# You Too Could Win a 2020 Lexus NX300h Hybrid SUV!

AND benefit 24,000 Torrance students through the Torrance Education Foundation

Graciously donated by Toyota Motor North America

## 16th Annual Spectacular Car Raffle

Style, comfort, advanced technology - The NX300h offers comfort, sleek design, and plenty of high-end features including a turbocharged 2.0-liter four-cylinder engine and excellent hybrid fuel economy. With onboard Wi-Fi and a roomy back seat, **you will make the most of all your adventures!**



Actual vehicle may differ from photo

### Purchase your tickets by March 16, 2020 to enter.

Raffle drawing for the 2020 Lexus NX300h Hybrid SUV will take place at the Torrance Education Foundation Annual Fundraising Event on Thursday, March 26, 2020.

\*Winner need not be present to win.

### How to win it:

- There are three ways you may enter

- 1) Fill out this form completely and mail it to 20695 S. Western Avenue, Suite 136, Torrance CA 90501
- 2) Call 310-320-7232
- 3) Turn in to a TEF Ambassador \*at any TUSD campus **by March 16, 2020**

*(Sorry - California law prohibits us from accepting purchases online)*

- You will receive your ticket(s) as evidence of entry. Please retain them in a safe place.
- The drawing will be held on March 26, 2020. Though you don't need to be present to win,



### Prepare to scream and jump for joy!

 **Fill out completely and return by March 16, 2020**

Download more forms at [www.TEF4kids.org/LEXUS-2020/](http://www.TEF4kids.org/LEXUS-2020/)

**Send  
Me**

\_\_\_\_\_ (number of) \_\_\_\_\_ Tickets @ \$40 each. Not tax-deductible.

Help ALL TUSD students, or designate \$20/ticket purchased to  
\_\_\_\_\_ your TUSD School

☒ Add \$ \_\_\_\_\_ - \_\_\_\_\_ as my tax-deductible donation to TEF  
TEF is a 501(c)(3) nonprofit charitable organization. Tax ID #33-0506936

Phone \_\_\_\_\_

Cell \_\_\_\_\_

Email \_\_\_\_\_

My Check # \_\_\_\_\_ for \$ \_\_\_\_\_ is enclosed

Charge my credit Card for \$ \_\_\_\_\_

Number \_\_\_\_\_

Exp Date \_\_\_\_\_ CVC \_\_\_\_\_

Signature \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

C/S/Z \_\_\_\_\_

\* See a listing of School Ambassadors at [www.TEF4kids.org/LEXUS-2020](http://www.TEF4kids.org/LEXUS-2020)  
For more information about the car raffle or the 2020 Annual Fundraising Event, visit [www.TEF4kids.org](http://www.TEF4kids.org), email [Admin@TEF4Kids.org](mailto:Admin@TEF4Kids.org), or call 310-320-7232.



**Let's  
Go  
Places**



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2019-2020**

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Brian Sunshine, Vice President  
Camilla Seferian, Treasurer  
Emi Morimoto, Secretary

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Preferred Bank  
Steve Stoppel  
Torrance Comm'y Credit  
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Robert Van Lingen  
Van Lingen Enterprises  
Robert Virtue  
Virco Mfg. Corporation  
Mark Waronek

Dear Friends,

Now is the time, so don't wait!

This is your opportunity to enter the 2020 Spectacular Toyota Car Raffle and take your chances on winning our beautiful 2020 LEXUS NX300h Hybrid SUV.

When you purchase your Car Raffle tickets, you are investing in the future of the 24,000 great kids enrolled in Torrance Unified School District. One lucky ticket-buyer will win our gorgeous LEXUS, but all those who purchase tickets will be enriching the lives of Torrance students through TEF.

Your purchase can even be designated to benefit the TUSD school of your choice! Just complete the form on the reverse side of this letter, fill out space for "TUSD School", and return the form with payment to us by the deadline. Torrance Education Foundation will donate \$20.00 of every designated \$40.00 purchase to the school you select. \*

Proceeds from the Spectacular Toyota Car Raffle help TEF support our terrific Torrance students, stellar teachers and award-winning TUSD schools. In the past five years, TEF programs have provided more than \$6 million in enrichment, academics and other educational investments in Torrance students.

Your purchase makes a difference, and the collective strength of our community is profound.

Thank you for taking a chance on winning this exciting new car, and for pitching in to help our schools.

Sincerely,

**Martha Deutsch  
President**

**Shireen Ossanlo  
Executive Director**

**\* The small print:**

1. Designations may not be split. \$20.00 of each \$40.00 ticket purchase may be designated to one TUSD recipient. Please feel free to contact us at [Admin@TEF4Kids.org](mailto:Admin@TEF4Kids.org) if there is a question about designating your purchase.
2. Raffle rules and other information may be found at [www.TEF4kids.org/LEXUS2020/](http://www.TEF4kids.org/LEXUS2020/).
3. TEF is prohibited by California Law from accepting purchases via the internet. Therefore, we are unable to accept online sales. Your purchase by FAX or by sending your form to us via U.S. mail will be processed swiftly. We apologize for any inconvenience.



## ***Fundraising Auction 2020***

Dear Community Member,

On Saturday evening, May 16<sup>th</sup>, 2020 Seaside Elementary School will be holding its annual Gala Fundraiser, we are asking for your support by donating goods, products, or services to be auctioned at our fundraising event.

Parents and community members all gather together for a fun evening of food, entertainment, and more importantly, the chance to bid at our annual auction. The auction generates significant revenue for the school, which is used to fund educational and enrichment programs for our children.

*We hope you will be able to support our community's children by donating for the auction/raffle.*

Donating to our event is a wonderful opportunity for you and your company to gain visibility. If you have any questions or would like to discuss donation opportunities further, please contact Tove Aaronson at [tove.aaronson@gmail.com](mailto:tove.aaronson@gmail.com) or (425) 985-8374.

If you need your Donation Item Picked up, please email and let us know and we would be more than happy to swing by and pick it up from you. You may also mail your donated item to the attention of the Tove Aaronson, c/o Seaside Elementary School, 4651 Sharynne Lane, Torrance, CA 90505.

**DONATION DEADLINE is APRIL 24<sup>th</sup> 2020**

With your help, we can positively impact the lives of our children and, in turn, our community.

Thank you again for your time and consideration!

Best Regards,

Tove Aaronson  
Seaside Elementary School Fundraising Committee

*All donations are tax deductible as permitted by law (Fed Tax ID# 95-620-7370)*



## Silent & Live Auction Fundraiser Donation Form

Donor/Store Name: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Website: \_\_\_\_\_

Donated Item(s): \_\_\_\_\_

\_\_\_\_\_

Estimated Value of Item(s): \_\_\_\_\_

Description of Item – *Please be as specific as possible- This Information will be used to create the Bid Sheets:*

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Restrictions/black out/expiration date:\_\_\_\_\_

Other limitations on use and availability of the item:\_\_\_\_\_

\_\_\_\_\_

**Does the Item Need to Be Picked Up?   YES      NO**

**If you have any items that you would like to be shown with your Bid Sheet please attach to the packet (i.e. Business Cards, Pictures, anything to help promote your Donated Items).**

*I authorize Seaside Elementary School to auction (via live/silent/raffle) the item listed above  
at their fundraising event to be held May 16<sup>th</sup> 2020.*

Signature:\_\_\_\_\_

Date:\_\_\_\_\_

**THANK YOU FOR YOUR GENEROSITY!**

All donations are tax deductible as permitted by law.

**SEASIDE ELEMENTARY SCHOOL COPY**



## Silent & Live Auction Fundraiser Donation Form

Donor/Store Name: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Website: \_\_\_\_\_

Donated Item(s): \_\_\_\_\_

\_\_\_\_\_

Estimated Value of Item(s): \_\_\_\_\_

Description of Item – *Please be as specific as possible- This Information will be used to create the Bid Sheets:*

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Restrictions/black out/expiration date:\_\_\_\_\_

Other limitations on use and availability of the item:\_\_\_\_\_

\_\_\_\_\_

**Does the Item Need to Be Picked Up? YES NO**

**If you have any items that you would like to be shown with your Bid Sheet please attach to the packet (i.e. Business Cards, Pictures, anything to help promote your Donated Items).**

*I authorize Seaside Elementary School to auction (via live/silent/raffle) the item listed above at their fundraising event to be held May 16<sup>th</sup> 2020.*

Signature:\_\_\_\_\_

Date:\_\_\_\_\_

**THANK YOU FOR YOUR GENEROSITY!**

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**SEASIDE ELEMENTARY SCHOOL COPY**

**MERCHANT COPY**



**Calling all 3rd, 4th, and  
5th graders...**

Track Team will start on ***March 10th***  
Practices will be ***Tuesday and Thursdays***  
***from 7:45am-8:30am.***

Sign up packets will go out in February.

However, Track Team would not be possible without volunteers. We need 8 volunteers at each practice. If you are interested, please email me at [tove.aaronson@gmail.com](mailto:tove.aaronson@gmail.com)



# SHS D R I L L TEAM

Contact Person: Ms. Harris  
Drill Team Advisor  
Address: 4801 Pacific Coast Hwy  
Email: [harris.cassandra@tusd.org](mailto:harris.cassandra@tusd.org)

REGISTRATION FEES:  
\$30.00 Pre-Registration

Due Date 3/21/2020

\$35.00 at the door

**Please make checks payable to:**  
South High School Drill Team

**Send with registration to:**  
Attn: Cassandra Harris-Drill Team  
4801 Pacific Coast Hwy  
Torrance, CA 90505

Questions regarding this event  
contact SHS Drill Team

[harris.cassandra@tusd.org](mailto:harris.cassandra@tusd.org)

**What to bring:**

Snack Lunch, Dance shoes/sneakers  
Water

**What to wear:**

Dance clothes: - sweats, leggings,  
tank top, t-shirt, leotard, tights  
Secure hair back, No Jeans!!

**Location:**

Registration & Dance = Gym

Proceeds from this event will benefit  
present & future students of the South  
High Varsity Drill Team.

Thank you for your support!!!



ROUTINES TAUGHT BY  
SOUTH HIGH SCHOOL  
VARSITY  
DRILL TEAM

DRILL DANCE  
WORKSHOP &  
SHOWCASE

*Drill Team*

**ONE DAY ONLY!!**  
**SATURDAY**

**MARCH 28, 2020**

**8:30AM - 4PM**

\*

**Registration**

**8:00-8:30am @ Gym**

**Workshop includes 8 hours of dance fun! Ages 6 & up**

8:00-8:30	Registration in Gym
8:30 – 9:30	Warm-up & technique
9:30-10:30	Routine A
10:30-11:00	Game
11:00-12:00	Routine B
12:00-1:00	Lunch
1:00-1:30	Warm-up
1:30-2:00	Game/Drill Down
2:00-3:00	*Challenge
3:00-3:30	Review Routine A
3:30-4:00	Review Routine B
4:00	Showcase in Gym



**Showcase:** will include performances of all the routine learned by attendees.

**\*Challenge:** Each area of technique will be challenged in small group with students placed in there appropriate level. This will provide for more one to one instruction in the following areas.

- Across the floor combinations
- Strength & flexibility
- Jumps & leaps
- Pom & kick
- Turns

Water & snacks provided throughout the day! Optional lunch purchase provided

**Why should you attend?**

This Drill Team workshop will be fun and exciting. It will provide a venue to meet new people of many schools and levels. It will expose you to different style drill dances in a safe environment. The drill dance experience will prepare you for team auditions by learning technique and mastering choreography in a short period of time.

**What to expect?**

16 members of Varsity Drill Team have worked hard to provide a well-rounded warm-up and technique class. They have drill routines that represent many styles to accommodate many levels of interest and expertise.

**Current Members:**

Ella, Katie, Miyu, Kristin, Tae Lim, Ami, Nicole, Lily, Jamie, Breeze, Juliette, Irene, Momoka, Vivienne, Maria, and Mizuki



**Registration Form**  
**Due Date 3/21/2020**

Pre-Registration \$30 each \_\_\_\_\_

At the door \$35 each \_\_\_\_\_

Optional Lunch \$5: \_\_\_\_\_

Cheese Pizza & Fruit \_\_\_\_\_

Total amount due: \_\_\_\_\_

NAME \_\_\_\_\_ AGE \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

**Where did you hear about this workshop or What school do you attend?** \_\_\_\_\_

**Due Date 3/21/2020**

Method of Payment:

☐ Check# \_\_\_\_\_ include dancers name on memo section

☐ Cash

**What is your level?**

\_\_\_\_ **Novice** – Little to no experience, dancing just for fun

\_\_\_\_ **Some Experience** – Understand basic techniques

**Emergency Contact & Phone:** \_\_\_\_\_